

OFFICIAL WRESTLING SIGNALS HIGH SCHOOL AND COLLEGE













Injury Clock

Injury Clock

Neutral Position



Indicating No Control



Out-of-Bounds



Indicating Wrestler in Control Left or Right Hand



Defer Choice



Potentially Dangerous Left or Right Hand





Caution for False Start and Incorrect **Starting Procedure**



Stalling Left or Right Hand



Interlocking Hands or Grasping Clothing



Reversal



Technical Violation



Illegal Hold or **Unnecessary Roughness**



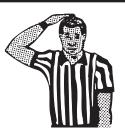
Near-Fall



Awarding Points Left or Right Hand



Unsportsmanlike Conduct



Flagrant Misconduct Left or Right Hand